

all are welcome!

FALL 2009

PROGRAM & CLASS GUIDE



SEPTEMBER - DECEMBER 2009
5769 - 5770

INCLUDING PROGRAMS
BROUGHT TO YOU BY



FITNESS
ARTS • CAMP
INFANT TODDLER
PROGRAM &
PRESCHOOL
SPORTS • DANCE
LANGUAGE
AFTERSCHOOL
SWIMMING
SOCIAL EVENTS
JEWISH IDENTITY

welcome!

In the heart of the east side of Providence, the “J” is your diverse neighborhood center for fitness, childcare, enrichment and a sense of community. Our building is also home to the Jewish Federation of Rhode Island and the Bureau of Jewish Education, both of which offer services and programs statewide.

Families and individuals are invited to participate in our vast array of social, educational, cultural and recreational activities.

Our varied programs offer health, social contact and self-improvement for everyone from babies to seniors. We also offer insight into Jewish tradition and heritage. We are open to Jews and non-Jews alike and welcome all to participate.

Please feel free to contact us for more information, or simply to tell us what you think of our offerings.

Douglas Emanuel
President

Kevin Olson
Executive Director

contact

MAIL

401 Elmgrove Avenue
Providence, RI 02906

MAIN NUMBER

401-861-8800

FAX

401-861-8806

E-MAIL

jcc@jccri.org

WEBSITE

www.jccri.org

departments

TO REGISTER FOR CLASSES

Call 401- 861-8800

MEMBERSHIP

Call 401-861-8800

INFANT TODDLER PROGRAM & PRESCHOOL OFFICE

Ext. 130

CHILDREN, YOUTH, CAMP & KIDSPACE

Ext. 147

HEALTH AND FITNESS DIRECTOR

Ext. 210

FITNESS CENTER DESK

Ext. 152 or

Direct Line: 401-453-1530

AQUATICS OFFICE

Ext. 153

JCC MACCABI GAMES & ARTSFEST

Ext. 155

ADULTS

Ext. 108

ROOM RESERVATIONS & RENTALS

Ext. 100

BIRTHDAY PARTIES

Ext. 155

contents

3 REGISTRATION DEADLINES
MEMBERSHIP INFORMATION

4 JCCRI ENDOWMENT FUNDS

5 SPECIAL EVENTS

6-7 PROGRAMS AND SERVICES

8 CLASSES AT A GLANCE

9 BABIES & TODDLERS

10-11 LITTLE KIDS

12-15 BIG KIDS

16-17 TEENS
MIDRASHA & TEEN ED
JCC MACCABI GAMES
& ARTSFEST

18-19 ADULTS

20 FALL 2009
REGISTRATION FORM



The JCCRI is a partner agency of
the Jewish Federation of Rhode Island



SPECIAL FALL PROMOTION!

August 3 through September 30

New members pay \$0 application fee (\$75 value) and receive choice of:

- 1 free hour personal training session, or
- 50% off massage

Call 401-861-8800 for more info or to schedule a tour of the facilities.

Become a member today!

join the jcc!

Membership at the JCCRI gives you access to an exciting community of great events, people, and programming. In addition to taking advantage of significantly discounted classes, membership also includes unlimited use of the following facilities:

- Brand new, state-of-the-art cardio and weight training center with full circuit of Cybex equipment
- Two aerobic/group exercise and mind/body studios
- 4-lane, 25 yard, heated indoor swimming pool
- Large free weight area
- Full-court basketball gymnasium
- General locker rooms
- **FREE** group exercise and mind/body classes
- 2 free individual orientations to the fitness center

register now for classes!

BY MAIL, FAX, ONLINE OR IN PERSON

You may mail, fax 401-861-8806, or drop off your registration, or you may register for JCC classes online using PayPal at www.jccri.org.

All faxed registrations must include credit card information.

Most classes begin the week of Sunday, September 13, 2009. After school care will begin the week prior.

REGISTRATION POLICIES

The JCCRI reserves the right to cancel any activity due to insufficient enrollment. Payment must be received in full before you will be permitted to enter a class.

LATE FEE

Registrations after the first day of class will be charged a \$25 late fee per entrant.

REFUND POLICY

A full refund will be issued after the first class only. If the JCCRI cancels a class, you will receive a credit in full towards a future class or program.

No refunds will be issued for classes postponed for inclement weather. Every effort will be made to re-schedule such classes.

No late entry into classes will be prorated. Any refunds not covered above will be made at the department or agency director's discretion.





give to the “j”

Mark special occasions by making a contribution to one of the many funds at the JCCRI. Your donation can be used to help fund specific JCCRI programs, provide scholarship assistance or support general operations.

When you donate, we will mail out a card to the person you are donating on behalf of, letting them know of your generosity.

Please send your donation to:
Carol Gualtieri, JCCRI
401 Elmgrove Ave., Providence, RI 02906

You can also establish a named fund with a minimum gift of \$1,000. For more information on establishing a fund or about deferred giving and estate planning, contact Kevin Olson, Executive Director, at 401-886-8800 ext. 111

UNRESTRICTED FUNDS

General Fund

Supports operations of the JCCRI
All contributions are placed into the general funds unless otherwise specified.

Miriam & Edwin Soforenko Fund

Supports Center activities and operations

DESIGNATED FUNDS

Lillian and Saul Abrams Fund

Further awareness of the Jewish founders and enhances their knowledge of the Jewish founders and leaders

Bertha Engleman Library

Provides support for children’s and Jewish family life circulating collection

Alperin/Hirsch Fund

Provides scholarship assistance

Harlan J. Espo Fund

Pays for lay leadership conference expenses

Charles J. Fox Fund

Promotes aquatics programs

Jeremiah J. Gorin Fund

Provides funding for staff development

Samuel and Ruth Pritzker Fund

Promotes enrichment activities

Rose Schulman Memorial Camp Fund

Supports camp programs

Rocky Simon Israel Education Fund

Promotes education

Gertrude Solomon Education Fund

Supports art education for children

Albert and Etta Lavett Stone Fund

Supports adult programming

Mable T. Woolley Fund

Promotes staff training

Bella Zias Fund

Supports senior adult programs

YOUTH PROGRAM FUNDS

Jonathan Freiman Memorial Fund

Supports youth programs

Marion Feinstein–Roger Williams

Lodge Fund
Subsidizes youth activities for BBYO members

Robbie Frank Outdoor Fund

Funds youth activities

Isador S. & Cecile Low Fund

Recognizes youth leadership

HEALTH & PHYSICAL EDUCATION FUNDS

Leonard Abrams Memorial Fund

Paul D. Litwin Endowment Fund

M.M.Q.B. Health and Physical

Education Fund

Linda and Richard Mittleman Fund

David Hochman Maccabi Fund

CULTURAL PROGRAM FUNDS

Lola Schwartz Fund

Supports cultural arts programs

Peter and Anna Woolf Fund

Funds free annual cultural arts program

Miriam Soforenko Memorial Fund

Supports arts education and special events

upcoming special events

NEW! COMING THIS FALL!

"PURE POWER TALK WITH PAVRITA®"

A WOMEN'S WELL-BEING SERIES

Join us for our first presentation which will focus on the book *You'd Be So Pretty If...Teaching Our Daughters to Love Their Bodies—Even When We Don't Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at cbarth@jccri.org or 401-861-8800 ext.117 for more information.

BLOOD PRESSURE MONITORING

Every second and fourth Friday throughout the year, a nurse from Cathleen Naughton Associates comes to take blood pressure at 11:30 am.

Free

SHINGLES VACCINATION CLINIC WEDNESDAY, SEPTEMBER 9, 2009 NOON - 2:00 PM

One shot to protect you from the painful effects of shingles. Some insurance plans may cover the cost of the vaccination. Call The Wellness Company at 490-0942 to learn more and to schedule an appointment for your shot.

Ages: Adults 60 and older

8TH ANNUAL JCCRI 5K ROAD RACE SUNDAY, SEPTEMBER 13, 2009

Sponsored by The Miriam Hospital

Youth races sponsored by East Side Pediatrics

Join us on Sunday, September 13th for our annual 5k road race. All proceeds benefit the JCCRI. East Side Pediatrics Youth race at 8.30 am, adults at 10 am. Prizes will be awarded to the top finishers. Corporate teams of 3 or more are welcome!

For more information, or to register, visit www.needtorace.com.

See **MEN'S AND WOMEN'S RUNNING CLUB** in Adults Section for info on race prep. Come run with us!

FLU SHOT CLINIC

WEDNESDAY, OCTOBER 14, 2009 9:30AM - 11:30AM

Protect yourself this season with a flu shot administered by VNA of Care New England. Bring proof of insurance or Medicare Part D to ensure coverage

Ages: Adult

SAVE THE DATE!

MY BIG FAT JEWISH WEDDING SATURDAY NIGHT CHAI, PART 1 SATURDAY, OCTOBER 17, 2009

Come and dance, shmooz and nosh in an evening of light entertainment at the J. Watch as Bernie and Beryl meet, argue and fall in love (don't worry, they're actors). Perfect for an evening out..."It's like having fun at a wedding that you didn't have to plan, organize or pay for, and actually like all the people you meet."

(Watch for My Big Fat Jewish Wedding Part 2—the nuptials, December 19, 2009)

DO IT FOR THE COMMUNITY.

DO IT FOR JEWISH UNITY.

DO IT FOR YOURSELF...JUST DO IT! OCTOBER 19 - NOVEMBER 17, 2009

Whether you call it Tikkun Olam, social action, or chesed, here is your chance to join thousands of Jewish organizations and individuals around the world of all backgrounds and affiliations for a month of unity through social action. Volunteer with children, rally for Darfur, clean up a river, feed the homeless, raise money for Sderot, paint a mural—or do whatever you are passionate about...How to get started? Contact Sue Suls, 401-861-8800 ext. 108.

BOOK FAIR

THURSDAY, NOVEMBER 12, 2009

Jewish Book Month starts November 12. Join us for stimulating programs in celebration of the printed word.

SAVE THE DATE!

THE DR. JAMES YASHAR & JUDGE MARJORIE YASHAR EVENING OF JEWISH RENAISSANCE SATURDAY, NOVEMBER 21, 2009

Mark your calendar for this evening of Jewish learning, culture and community brought to you by the Bureau of Jewish Education of Rhode Island.

ABRAHAM AND SARAH'S TENT

A return of last year's successful series of stimulating and provocative discussions on a variety of Jewish identity topics.

Make sure you are on our e-mail list to receive updates for this free program. Contact Sue Suls at 401-861-8800 ext. 108 to add your name.

SAVE THE DATE!

KOL ECHAD: ONE VOICE YOUTH HANUKKAH CONCERT & CELEBRATION SUNDAY, DECEMBER 6, 2009

Join us for this youth Hanukkah concert led by Rabbi David Paskin. Kol Echad is a PJ Library partners program. PJ Library is a program of the Bureau of Jewish Education. For more information, contact Nicole Katzman, Director of PJ Library at nkatzman@bjeri.org.

Free



community programs & services

EARLY CHILDHOOD PROGRAM

Our Early Childhood Program, for children 3 months to 5 years, is a Reggio-inspired comprehensive developmental program that is committed to creating a sense of community for you and your children.

We believe children learn best by doing. That's why we offer rich and varied play-based environment that enhances the social, cognitive, emotional, physical, and spiritual life of each child. Jewish education is experienced through "An Ethical Start," our innovative ethics curriculum that ranks in the top 50 most innovative programs in the country.

We also offer swimming in our heated indoor pool, and high teacher/child ratios. The JCCRI operates programs at the JCCRI building in Providence and at Temple Habonim in Barrington. The JCCRI Early Childhood Program is fully licensed by the RI Department of Children, Youth and Families and is NAEYC accredited. Call 401-861-8800 ext. 130 for more information.

NEW! KIDSPACE PLUS+

Kidspace Plus+ is the better after-school alternative for your child that has been enhanced to best suit your needs and your child's interests.

VACATION CAMPS

School's out! The J is in! We offer vacation camps for ages 2–5 and grades K–6. Counselor in Training (CIT) program is available for 7–11th graders. Activities include: arts, sports, field trips, and more! Contact Claudia at 401-861-8800 ext. 147 for more information, or go to www.jccri.org.

FITNESS CENTER

J-Fitness is our new, state-of-the-art fitness facility that features 30 cardio machines, flat-screen televisions, weight machines and free weights, and 2 studios. Best of all, each of our GroupEx and Mind/Body classes are **FREE** for members. Check out our website, www.jccri.org, for schedules.

HEATED INDOOR POOL

Our indoor pool opens at 5:30 am Mondays through Fridays and 7:30 am on weekends. We offer regular classes and open swim time. Check our website, www.jccri.org, for more updated schedule and class info.

ENRICHMENT CLASSES

We offer lots of great programming and activities for kids, teens and adults. See pages 18–19 in the guide for details on our adult offerings, including **LUNCH & LEARN, BRIDGE, MAH JONGG, CREATIVE WRITING, YIDDISH SHMOOZ,** and more!

AGEWELL RI

AgeWell RI is a collaborative program of the Jewish Community Center, Jewish Family Services and Jewish Seniors Agency, all core agencies of the Jewish Federation of Rhode Island. AgeWell is a one-stop resource for older adults and their family members or caregivers.

Serving seniors across the state, AgeWell can provide information about a variety of services, such as lunch programs, assisted living, adult day services, support groups, and more. For more information, call 401-223-2335 or 866-524-3935 or visit www.agewellri.org.

THE FULL PLATE, KOSHER FOOD PANTRY

As a Jewish community, it is our responsibility to come to the aid of our fellow Jews who struggle with life's basic needs. As such, AgeWell RI, a program of Jewish Family Services, Jewish Seniors Agency and the Jewish Community Center of Rhode Island, have taken on the task of formulating and establishing the first Kosher Food Pantry for members of the Jewish Community of Rhode Island.

The Kosher Food Pantry is a critical resource for needy families who wish to observe Jewish dietary laws. JCC is one of several drop off points statewide. For more information, please contact Susan Adler at Sadler-Jeri@jsari.org

the israel desk at the bureau of jewish education

Israel Resources: Travel, Education and Programming

Whether you want to travel to Israel or learn more about it, we can help.



Yom Ha'atzmaut in Jerusalem

The Israel Desk of the Bureau of Jewish Education of Rhode Island oversees a diverse group of programs, all designed to achieve one goal: to assure that an Israel experience becomes an integral part of each student's Jewish education.

In addition, the Bureau works to bring Israel to our community through the Attractive Land map and curriculum and other Israel programming.

For more information on Israel travel, grants and scholarships, please contact Beth R. Brier, Director of Israel Desk: 401.331.0956 x 223 or bbrier@bjeri.org.





SHALOM BABY

Shalom Baby is a program designed to answer many other questions for new parents. Whether you, a friend, or a family member is growing by one, Shalom Baby is a great resource! We introduce and connect parents to the many programs available for families in the local Jewish community, and provide helpful information about parenting, holidays, resources and more.

Send e-mails about new babies to wjoering@JFRI.org. (Please include name of baby, gender, date of birth/adoption, and parent name(s) and contact number.) We will arrange a personal visit to share useful hints, information, and an assortment of helpful goodies!

For additional information please call Wendy Joering, Director of Outreach and Engagement at the Jewish Federation of Rhode Island at 401-421-4111 ext. 178.

ADAPTIVE FITNESS PROGRAMMING

Coming to J-Fitness! Adaptive fitness is designed to help with levels of physical disabilities participate in fitness training. The JCCRI will now offer equipment and classes geared toward this part of our community.

Programs include: adaptive yoga, adaptive fitness fencing, and adaptive leagues. Call Carlene Barth at 401-861-8800 ext. 117 for info or to make an appointment.



VOLUNTEER CONNECTION AT THE JEWISH FEDERATION

Volunteer in the community and be a powerful force for change. The most effective change often starts at a grassroots level—individuals like you, fulfilling a need in the community.

Our Volunteer Connection helps you realize the immediate impact of giving by finding an opportunity that accommodates your skill set and community needs.

Jewish organizations from throughout greater Rhode Island are in need of capable volunteers.

The following is just a sample of what you can do:

- Help children learn to read
- Teach a class
- Serve meals to the elderly
- Staff a library
- Visit nursing homes
- Help seniors remain independent

Perform a mitzvah. Explore volunteer opportunities and get involved by calling Wendy Joering, Volunteer Connection Coordinator at the Jewish Federation of Rhode Island, at 401-421-4111 or by e-mailing her at wjoering@JFRI.org.

SHALOM RHODE ISLAND

Help us extend a warm Rhode Island “Shalom!” Let us know about new arrivals to our Jewish community, whether babies, individuals, or families.

Share contact information on new arrivals with Wendy Joering, Director of Outreach and Engagement at the Jewish Federation of Rhode Island at 401-421-4111 ext. 178.



PJ LIBRARY

The PJ Library is a Jewish literacy and outreach program for families with children age six months through six years.

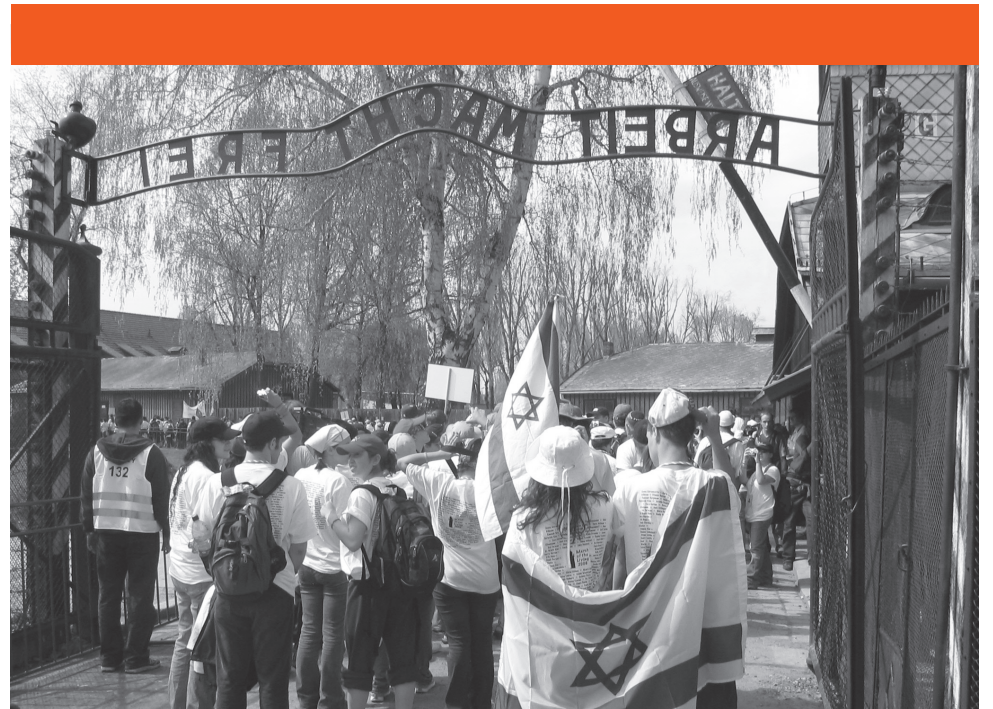
Children enrolled in PJ Library receive Jewish-content books and music on a monthly basis through the mail. Each delivery includes a guide for parents with tips on ways to enrich their use of the book or music.

Save the dates for these upcoming PJ Library community events!

Sunday, December 6, 2009
Koh Echad: One Voice
Youth Hanukkah Concert & Celebration
Held at JCCRI
Free!

Wednesday, December 9, 2009
PJ Library Book Fair
Barnes & Noble, Warwick

For more information about PJ Library, call Nicole Katzman, PJ Library Director at the Bureau of Jewish Education, at 401-331-0956 ext. 180 or send an e-mail to nkatzman@bjeri.org.



MARCH OF THE LIVING 2010
ENCOUNTER THE PAST, EMBRACE THE FUTURE
APRIL 7 - APRIL 21, 2010

A two-week experiential journey for high school juniors and seniors, the March of the Living is unlike anything else you've experienced. Join us and thousands of Jewish teens from around the world as we honor and celebrate our Jewish past, present and future.

Teen participants are required to enroll in a year-long preparatory course offered through the Harry Elkin Midrasha Community High School.

Interested teens should contact Claire Roche, March of the Living New England Regional Director at the Bureau of Jewish Education, via 401-331-0956 ext. 185 or croche@bjeri.org.

Applications may be downloaded from www.bjeri.org.

Adults interested in participating in the March of the Living should contact Jeff Sock at jeff@jsock.com.



classes at a glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
babies & toddlers					
Sundays Kidsclub 9:45–11:30 am Parent/Tot Swim Class 10:30–11 am	Art Start 10–11 am	Mommy and Me at the JCC 10:30–11:15 am New Mom’s Group 11 am–12 pm Arts Mania 1–1:45 pm	Tot/ITC Swim 10–10:30 am Parent/Tot Swim Class 10:30–11 am Tykes Gymnastics 2:30–3:15 pm		Open Play w/ Caregiver Participation 9:30–10:15 am Tykes Gymnastics 10:15–11 am

little kids

Sundays Kidsclub 9:45–11:30 am Preschool Swim Lessons 10:30–11 am Beginning to Intermediate Swim 11–11:40 am	Peewee Pottery 3–3:45 pm Creative Movement 3:00–3:45 pm Ballet I 3:45–4:30 pm Children’s Swim Lessons 3:45–4:30 pm Beginner Swim Lessons 6–6:30 pm	Arts Mania 1–1:45 pm Spantastico 2:15–3:00 pm Elite National Soccer 3:45–4:30pm Children’s Swim Lessons 3:45–4:30pm	Pee Wee Sports 12:30–1:15 pm Pee Wee Sports & Swim 12:30–2 pm Preschool Swim Lessons 1:30–2 pm Peewee Pottery 2–2:45 pm Tykes Gymnastics 2:30–3:15 pm Preschool Gymnastics 2:30–3:15 pm Creative Movement 3:15–4 pm Preschool Gymnastics 3:15–4 pm Children’s Swim Lessons 4–4:45 pm School Age Gymnastics 4–5 pm Girls Only School Age Gymnastics 5–6 pm	All About Animals 2:00–2:45 Pee Wee Sports 3:45–4:30pm Children’s Swim Lessons 3:45–4:30pm	Open Play w/ Caregiver Participation 9:30–10:15 am Tykes Gymnastics 10:15–11 am Preschool Gymnastics 10:15–11:00 am Preschool Gymnastics 11–11:45 am
---	---	--	--	---	--

big kids

Sundays Kidsclub 9:45–11:30 am Preschool Swim Lessons 10:30–11 am Beginning to Intermediate Swim 11–11:40 am Broadway Dance Class 10–11 am Pee Wee Basketball League 1:15–2:15 pm Jr. NBA/WNBA Basketball League 2:30–3:30 pm	Kidspace Go Play! 3–6 pm Ballet I 3:45–4:30 pm Coach Pierre’s Basketball Fundamentals 3:45–4:30 pm Beginner USA Karate 3:45–4:30 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help and Computer Club 3:45–4:30 pm Paint It! 3:45–4:30 pm Tiger Sharks Swim Club 4:30–5:30 pm Advanced Pottery 4:30–5:15 pm Potter’s Wheel 4:30–5:15 pm Mixed Media Art 4:30–5:15 pm Beginner USA Karate 5:15–6:00 pm Hip Hop I 5:15–6:00pm Beginner Swim Lessons 6–6:30 pm Contemporary Dance 6–7 pm Girls Swim Lessons 6:45–7:30 pm	Kidspace Go Play! 3–6 pm Elite National Soccer 3:45–4:30 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help and Computer Club 3:45–4:30 pm Paint It! 3:45–4:30 pm Tiger Sharks Swim Club 4:30–5:30 pm Boys Swim Lessons 6:45–7:30 pm	Kidspace Go Play! 3–6 pm Pee Wee Sports 12:30–1:15 pm Pee Wee Sports & Swim 12:30–2 pm Preschool Swim Lessons 1:30– 2pm Ballet I/II 4–5 pm Contemporary Dance 5–6 pm Children’s Swim Lessons 4–4:45 pm Homework Help And Computer Club 4–5 pm JCCRI Maccabi Games Sports Training 4–5 pm School Age Gymnastics 4–5 pm Pottery & Sculpture 4–5 pm Sculpt It! 5–6 pm Girls Only School Age Gymnastics 5–6 pm Girls Only Intermediate Gymnastics 5–6 pm Girls Only Advanced Gymnastics 5–6 pm	Kidspace Go Play! 3–6 pm Pee Wee Sports 3:45–4:30 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help and Computer Club 3:45–4:30 pm Dungeons & Dragons 4:15–5:45 pm Tiger Sharks Swim Club 4:30–5:30 pm MLB Rookie League Baseball 4:45–5:30 pm	Kidspace Go Play! 2:30–6 pm Mixed Media Art 3:45–4:45 pm Woodshop 3:45–5:30 pm Mixed Media Art 4:45–5:30 pm
--	--	---	---	---	--

teens

Sundays Kidsclub 9:45–11:30 am Preschool Swim Lessons 10:30–11 am Beginning to Intermediate Swim 11–11:40 am Broadway Dance Class 10–11 am Pee Wee Basketball League 1:15–2:15 pm Jr. NBA/WNBA Basketball League 2:30–3:30 pm Broadway Dance Class 10–11 am Teen Jazz 10–11 am Teen Ballet 11–12 noon NBA/WNBA Basketball League 3:45–5:00pm	Indoor Rowing 9:15am Deep Water Workout 10:05–10:50 am Water Walking 12:15–1pm Teen & Adult Swim Instruction 1–1:40 pm Beginner USA Karate 3:45–4:30 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help And Computer Club 3:45–4:30 pm Advanced USA Karate 4:30–5:15 pm Beginner USA Karate 5:15–6 pm Aquarobics 6–6:40 pm Contemporary Dance 6–7 pm	Indoor Rowing 6 am Aquarobics 10–10:40 am Teen Weight Training 3–3:45 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help and Computer Club 3:45–4:30 pm Paint It! 3:45–4:30 pm Tiger Sharks Swim Club 4:30–5:30 pm	Indoor Rowing 9:15 am Deep Water Workout with Jodi 9:30–10:15 am Teen Rowing 3–3:45pm Deep Water Workout 3:05–3:50 pm Children’s Swim Lessons 4–4:45 pm Homework Help And Computer Club 4–5 pm Sculpt It! 5–6 pm Teen Ballet 4–5 pm Teen Ballet 5–6 pm Contemporary Dance 5–6 pm	Indoor Rowing 6 am Aquarobics 10–10:40 am Water Walking 12:15–1 pm Children’s Swim Lessons 3:45–4:30 pm Homework Help and Computer Club 3:45–4:30 pm Dungeons & Dragons 4:15–5:45 pm Tiger Sharks Swim Club 4:30–5:30 pm Deep Water Workout with Jodi 6–6:40 pm	Deep Water Workout 10:05–10:50 am Teen Jazz 4:45–5:45 pm Mixed Media Art 3:45–4:45 pm Woodshop 3:45–5:30pm Mixed Media Art 4:45–5:30 pm Teen Ballet 3:45–4:45 pm
---	--	--	---	---	--

adults

Adult Ballet noon–1 pm	Indoor Rowing 9:15 am Writers’ Group 9:30am– 11 am Deep Water Workout 10:05–10:50 am Water Walking 12:15–1pm Teen & Adult Swim Instruction 1–1:40 pm USA Karate 5:15–6:00 pm Aquarobics 6–6:40 pm French for Travelers 7:00 pm–8:30 pm	Indoor Rowing 6 am Women’s Running Club 8:45–9:45 am Aquarobics 10–10:40 am Mah Jongg Mavens 10 am–noon Men’s Running Club 5:30–6:30 pm Men’s 35+ Adult Basketball League 6 pm Adult Pottery 6:30–8:30 pm	Indoor Rowing 9:15 am Deep Water Workout with Jodi 9:30–10:15 am Plain Talk 10–11 am Book Marks Book Club 11 am–noon Yiddish Language Class 11:30 am–12:30 pm Hebrew Reading Crash Course 11:30 am–12:30 pm Yiddish Conversation 12:30–1:30 pm ESL – English As A Second Language 1 pm–2:30 pm Deep Water Workout 3:05–3:50 pm Women’s Running Club 5:30–6:30 pm Adult Jazz Dance 6:30–7:30 pm	Indoor Rowing 6 am Mah Jongg Mavens 1 pm–3 pm Aquarobics 10–10:40 am Water Walking 12:15–1 pm Men’s 23+ Adult Basketball League 6 pm Deep Water Workout with Jodi 6–6:40 pm	Yiddish Shmooz 9:30–11:30 am Deep Water Workout 10:05–10:50 am Weekly Lunch & Learn 12–1:30 pm Adult Painting 1–2 pm
------------------------	--	---	--	--	--

babies & toddlers

Did you know the JCCRI offers
babysitting on weekdays, too?
Fit some “me” time into your day!

ARTS

ART START

It's never too early to provide your child with a strong arts background! Come join us as we explore a variety of different media, such as clay, paint, recycled materials, pictures, and more!
Ages: 18 months–3 years

Mondays 10–11 am
9/14/09–12/14/09
12 sessions. Min. enrollment: 3 Max: 8
No Class: 9/28, 10/12
Member: \$120 Non-Member: \$156
ID: 502-297

ENRICHMENT

MOMMY AND ME AT THE JCC

Come meet other Moms and discuss child development topics, as your child plays and has his or her first socialization experience.
Ages: 6 months–3 years

Tuesdays 10:30–11:15 am
9/15/09–12/15/09
14 sessions. Min: 4 Max: 15
Members: \$98 Non-Members: \$126

NEW! MOM'S GROUP

For brand new mothers, bring your baby and a blanket and join other moms in exploring this new world.
Ages: newborn to 6 months

Tuesdays 11–12 pm
Sessions TBD. \$5 fee per session.
Min. enrollment: 3 Max: 8 Space Limited.
Contact Nicole Katzman to sign up via e-mail at nkatzman@bjeri.org.

SPORTS

STROLLER STRIDES

Stroller Strides is a fitness class where mom can get a great workout while baby rides along in the stroller. Each hour-long class includes power-walking, cardio burst, toning and stretching. All fitness levels welcome! Taught by nationally certified fitness instructor (who is also a mom). Get fit, have fun with your baby, and meet other moms! For more information, or to register, contact Suzanne at 401-289-0444 or suzanne@strollerstrides.net.

RENAISSANCE GYMNASTICS ACADEMY: OPEN PLAY WITH CAREGIVER PARTICIPATION

This open play environment with structured opening and closing activities offers 40 minutes of specific event activities. The gym is set up for children to explore and play in a safe environment. An instructor is always present to help guide and begin the instructor-student interaction, but a caregiver stays within arms reach of the child to assist and maintain safety. *Sign up for the whole year (September 2009 – June 2010) and save 5%!*
Ages: walking–5 years

Fridays 9:30–10:15 am
9/18/09–12/18/09
No class: 11/27
13 sessions. Minimum enrollment: 3
Member: \$156 Non-Member: \$182
Full year: Member: \$380
Non-Member: \$440
ID: 506-805

RENAISSANCE GYMNASTICS ACADEMY: TYKES GYMNASTICS

This class is a child's first introduction to a structured class. The 40 minute class helps transition the child into an independent learning environment. In the beginning parents assist the child through class, following the teacher's instructions. As the year progresses, the parents slowly step back and let the child take the lead. The gymnastics lessons help develop gross and fine motor skills, while introducing the basics of tumbling, balance, strength, and flexibility. *Sign up for the whole year (September 2009–June 2010) and save 5%!*
Ages: 2.5–3.5 years

Wednesdays 2:30–3:15 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Minimum enrollment: 3
Member: \$144 Non-Member: \$168
Full year:
Member: \$355 Non-Member: \$415
ID: 506-807

Fridays 10:15–11 am
9/18/09–12/18/09
No class: 11/27
13 sessions. Minimum enrollment: 3
Member: \$156 Non-Member: \$182
Full year:
Member: \$380 Non-Member: \$440
ID: 506-806

SWIM

TOT/ITC SWIM

Tots learn swimming with songs and games. ITC teacher accompanies ITC students.
Ages: 2–3 years

Wednesdays 10–10:30 am
9/16/09–12/16/09
No class: 11/11
13 sessions. Minimum enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-741

PARENT/TOT SWIM CLASS

Introduce your baby or toddler to the joys of swimming with this exciting program of water exploration, songs, and beginning skill development...all with the comfort of you and the instructor in the pool.
Ages: 6 months–3 years

Sundays 10:30–11 am
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 3
Member: \$100 Non-Member: \$200
ID: 507-700

Wednesdays 10:30–11 am
9/16/09–12/16/09
No class: 11/11
13 sessions. Minimum enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-703

CHILD CARE SERVICES

NEW! SUNDAYS KIDSClub

Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.
Ages: 6months and up

Sundays 9:45–11:30 am
9/13/09–12/13/09
No class: 9/20, 10/11, 11/29
11 sessions.
Fee: \$7 for first child
\$2 for each additional child in family
Payable by the day or buy a package!
Please call Darlene at ext. 155 for details.

BABYSITTING

Babysitting at the J is also available weekdays!
Monday–Thursday
8:30 am–1:30 pm and 3–6 pm
Fridays 8:30 am–1:30 pm and 3–5 pm

Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

support
for mothers



Are you raising Jewish children,
but you're not Jewish?

Don't do it alone!

Join us for The Mothers Circle!

New course begins in October



The Mothers Circle is a free educational and welcoming program empowering mothers any faith or religious background to create Jewish homes. Mothers in all family constellations are welcome and participants do not have to be affiliated with a Jewish institution or have any prior knowledge. The interactive curriculum for the sessions explores Jewish holidays, practices, rituals, and ethics while providing resources and tools for enriching Jewish family life at home.

FREE childcare is available upon request.

For more information please contact Kit Haspel, Mothers Circle Coordinator at 401.331.0956 x184 or khaspel@bjeri.org.

Coordinated by the Bureau of Jewish Education of Rhode Island in partnership with the Jewish Community Center of Rhode Island. Generously funded by the Helene and Bertram Bernhardt Foundation and the Jewish Federation of Rhode Island.



little kids ages 3-5

Be sure to check out the **babies & toddlers** section, which includes some classes in which younger 3 year olds may participate.

ARTS

ART START

It's never too early to provide your child with a strong arts background! Come join us as we explore a variety of different media, such as clay, paint, recycled materials, pictures, and more!

Ages: 18 months–3 years

Mondays 10–11 am

9/14/09–12/14/09

12 sessions. Min. enrollment: 3 Max: 8

No Class: 9/28, 10/12

Member: \$120 Non-Member: \$156

ID: 502-297

PEEWEE POTTERY

Let your child's imagination soar while they create with clay! Children will have a chance to learn different methods of clay sculpture including the pinch, slab, and coil methods. Individual instruction will allow students to develop at their own pace.

Ages: 3–6 years

Mondays 3–3:45 pm

9/14/09–12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 10

Member: \$132 Non-Member: \$171

ID: 502-208

Wednesdays 2–2:45 pm

9/16/09–12/16/09

No class: 11/11

13 sessions. Min. enrollment: 3 Max: 10

Member: \$143 Non-Member: \$185

ID: 502-205

ARTS MANIA

Explore the world of art! Try out everything from painting to glue and sculpture making. We will also practice cutting and ripping and learn all about color. This class focuses on the creative process rather than the finished product.

Ages: 2–5

Tuesdays 1–1:45 pm

9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 10

Member: \$140 Non-Member: \$182

ID: 502-308

ALL ABOUT ANIMALS

Through stories, visual art, slides, and pictures, students will learn about different animals and their sizes, color, weights, habitats, lifestyle and more. All through art! Using clay, papers, playdough, collage, foam, and their imagination in every class, kids will create a scene describing what they learn.

Ages: 3–6 years

Thursdays 2–2:45 pm

9/17/09–12/17/09

No class: 11/26

13 sessions. Min. enrollment: 3 Max: 10

Member: \$130 Non-Member: \$169

ID: 502-207

ENRICHMENT

SPANTASTICO

Spantastico is a program that teaches children from the ages of 3-5 the basic nuances of the Spanish language. Spantastico works because of the dynamic in which it is taught; a non-linear approach to learning a foreign language. Through music, interactive play, props and flashcards, children are able to grasp the fundamentals of the language more quickly.

Ages 3–5

Tuesdays 2:15–3:15 pm

9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 8

Member: \$210 Non-Member: \$266

ID: 501-503

DANCE

INTRODUCING "GOTTA DANCE" ACADEMY! TERESA PEARSON, DIRECTOR

We are pleased to introduce Teresa and her staff to our membership! The goal of our "Gotta Dance" Academy is to instill a lifelong love of dance in our students. Students will also learn responsibility, discipline, teamwork and an appreciation for cultural arts.

A wide range of classes for ages 3 through adult will be offered in many disciplines: Ballet, Hip Hop, Jazz, Irish Step Dance and Broadway Dance. All classes are taught by qualified instructors who will pass on their love of dance in a nurturing way, while showing that dance as exercise can be fun and exciting.

Teresa Pearson comes to us with many years of dancing, teaching and choreographic experience. She danced with the Syracuse Ballet Theatre, and graduated with a BS in Dance from Skidmore College, and an MS in Dance Therapy from Hunter College. She has taught many forms of dance, from ballet to Broadway dance as well as created choreography for numerous musicals.

To learn more, contact Teresa at 401-524-7875 or Darlene Desroches at the JCC 401-861-8800 ext. 155.

CREATIVE MOVEMENT

Designed for the youngest student, this class will focus on coordination, listening skills, musical awareness, spatial movement and large motor skill development. This class will foster the child's imagination and natural creativity. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back. Rates include costume fee and two tickets for recital in June 2010.

Ages 3–5

Mondays 3–3:45 pm

9/14/09–12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 6 Max.: 12

ID: 506-640

Wednesdays 3:15–4 pm

9/16/09–12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 6 Max: 12

ID: 506-444

"GOTTA DANCE" ACADEMY PRICING

All classes offer the same pricing, and your choice to pay for the class(es) all at once or with a monthly payment plan. Prices for children includes costume deposit for the end of the year dance recital.

Dance classes may be purchased singly or in groups with discount. If purchasing in groups, be sure to indicate on the registration form to assure you get the group discount.

Member:

\$200 (1 class/week) \$320 (2 classes/week)

Non-Member:

\$240 (1 class/week) \$400 (2 classes/week)

NEW! MONTHLY DANCE BILLING

Dance classes may be billed monthly.

If you choose this option you must register directly with Darlene Desroches, ddesroches@jccri.org 401-861-8800 x155.

Member:

\$50/month for 1 class per week

\$80/month for 2 classes per week

Non-Member:

\$60/month for 1 class per week

\$100/month for 2 classes per week

SPORTS

RENAISSANCE GYMNASTICS ACADEMY: OPEN PLAY WITH CAREGIVER PARTICIPATION

This open play environment with structured opening and closing activities offers 40 minutes of specific event activities. The gym is set up for children to explore and play in a safe environment. An instructor is always present to help guide and begin the instructor-student interaction, but a caregiver stays within arms reach of the child to assist and maintain safety. *Sign up for the whole year (September 2009–June 2010) and save 5%!*
Ages: walking–5 years

Fridays 9:30–10:15 am

9/18/09–12/18/09

No class: 11/27

13 sessions. Min. enrollment: 3

Member: \$156 Non-Member: \$182

Full year:

Member: \$380 Non-Member: \$440

ID: 506-805

**RENAISSANCE GYMNASTICS
ACADEMY: TYKES GYMNASTICS**
See class description on page 9.
Ages 2.5–3.5 years

**RENAISSANCE GYMNASTICS
ACADEMY: PRESCHOOL
GYMNASTICS**
Our first child-independent program, the 40 minute curriculum builds around the young child’s love of movement and learning how to do new things. They will also develop listening and following verbal instruction skills, patience and teamwork while learning how to do handstands and cartwheels. *Sign up for the whole year (September 2009–June 2010) and save 5%!*
Ages: 3-5 years

**Wednesdays 2:30–3:15 pm
9/16/09–12/16/09**
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 15
Member: \$144 Non-Member: \$168
Full year (includes costume & 2 tickets to end of year show):
Member: \$405 Non-Member: \$465
ID: 506-812

**Wednesdays 3:15–4 pm
9/16/09–12/16/09**
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 18
Member: \$144
Non-Member: \$168
Full year (includes costume & 2 tickets to end of year show):
Member: \$405 Non-Member: \$465
ID: 506-813

**Fridays 10:15–11 am
9/18/09–12/18/09**
No class: 11/27
13 sessions. Min. enrollment: 3 Max: 12
Member: \$156 Non-Member: \$182
Full year (includes costume & 2 tickets to end of year show):
Member: \$430 Non-Member: \$490
ID: 506-811

**Fridays 11–11:45 am
9/18/09–12/18/09**
No class: 11/27
13 sessions. Min. enrollment: 3 Max: 12
Member: \$156
Non-Member: \$182
Full year (includes costume & 2 tickets to end of year show):
Member: \$430
Non-Member: \$490
ID: 506-810

**RENAISSANCE GYMNASTICS
ACADEMY: SCHOOL AGE
GYMNASTICS**
See class description on page 14.
Ages: 4–7 years

ELITE NATIONAL SOCCER
See class description on page 14.
Ages: 5–9 years

PEE WEE SPORTS
This class is an introduction to a variety of sports and a chance for the little ones to learn sportsmanship and teamwork. Basketball, hockey, baseball, soccer, and some non-competitive sports are taught.
Ages: 4–6 years

**Wednesdays 12:30–1:15 pm
9/16/09–12/16/09**
No class: 11/11
13 sessions. Min. enrollment: 4
Member: \$169 Non-Member: \$205
ID: 506-608

**Thursdays 3:45–4:30 pm
9/17/09–12/17/09**
No class: 11/26
13 sessions. Min. enrollment: 4
Member: \$169 Non-Member: \$218
ID: 506-609

PEE WEE SPORTS & SWIM
Pee Wee Sports in the gym, followed by the pool for swimming and splashing with Patty Gold, Aquatics Director. Learn primary Red Cross levels while enjoying a fun aquatic environment.
Ages: 4-6 years

**Wednesdays 12:30–2 pm
9/16/09–12/16/09**
No class: 11/11
13 sessions. Min. enrollment: 4
Member: \$225 Non-Member: \$300
ID: 506-611

SWIM

TOT/ITC SWIM
See class description on page 9.
Ages: 2–3 years

PRESCHOOL SWIM LESSONS
Your preschooler learns primary Red Cross levels while enjoying a safe and fun environment.
Ages: 3–6 years

**Sundays 10:30–11 am
9/13/09–12/13/09**
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 3
Member: \$100 Non-Member: \$200
ID: 507-710

**Wednesdays 1:30–2 pm
9/16/09–12/16/09**
No class: 11/11
13 sessions. Minimum enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-712

BEGINNER SWIM LESSONS
Ages: 3–10 years

**Mondays 6–6:30 pm
9/14/09–12/14/09**
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-711

BEGINNING TO INTERMEDIATE SWIM
See class description on page 14.
Ages: 4–10 years

CHILD CARE SERVICES

NEW! SUNDAYS KIDSCUB
Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.
Ages: 6 months and up

**Sundays 9:45–11:30 am
9/13/09–12/13/09**
No class: 9/20, 10/11,11/29
11 sessions
Fee: \$7 for first child
\$2 for each additional child in family
Payable by the day or buy a package!
Please call Darlene at ext. 155 for details.

BABYSITTING
Babysitting at the J is also available weekdays!
**Monday–Thursday
8:30 am–1:30 pm and 3–6 pm
Fridays 8:30 am–1:30 pm and 3–5 pm**

Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

**AFTERSCHOOL CARE
KIDSPACE GoPLAY**
After a long day in the classroom come hang out and play at the ‘J’! Children will be able to participate in the daily activity, and choose from toys or board games to play with their friends. All children learn through play. During Kidspace, kids will be able to play with games and toys or create their own games and scenarios. Kidspace will have adult supervision to facilitate and help children to choose the most appropriate games and toys for each age group. Children are also encouraged to do their homework during Kidspace hours.
Ages 5–12 years
See page 12 for registration information.

HEBREW FOR PARENTS

HEBREW READING CRASH COURSE
If you’ve got 6 weeks, we can have you reading Hebrew! JCCRI and Kollel partner to bring this proven course designed for anyone with little or no knowledge of Hebrew. Contact Robin Meyerowitz to register via e-mail at emeyerowitz@jccri.org or by phone 401-861-8800, ext. 142.
Ages: Adult

**Wednesdays 11:30 am–12:30 pm
10/28/09 – 12/16/09**
No class 11/11, 11/25
6 sessions. Min. enrollment: 3
Member: Free Non-Member: Free



big kids ages 6-12

The J offers new classes like “FUN MEETS” under SPORTS and amenities like SUNDAY KIDSClub hours!



VACATION CAMPS

VACATION CAMPS

Activities include: stories and conversations about each holiday and its costumes and traditions, gym or outdoor games depending on weather, free swim, board games, and play time with our vast collection of toys.

Ages: Grades K–6

Grades 7+ are welcome as CITs

Columbus Day 10/12/09

Veteran’s Day 11/11/09

Thanksgiving Break 11/25 (9 am–3 pm)

December Vacation Camp 12/21-12/31

Min. enrollment: 5 Max: 30

Please contact Claudia Fiks x147 for more information.

AFTER SCHOOL CARE

AFTERSCHOOL CARE KIDSPACE GoPLAY

After a long day in the classroom come hang out and play at the ‘J’! Children will be able to participate in the daily activity, and choose from toys or board games to play with their friends. All children learn through play. During Kidspace, kids will be able to play with games and toys or create their own games and scenarios. Kidspace will have adult supervision to facilitate and help children to choose the most appropriate games and toys for each age group. Children are also encouraged to do their homework during Kidspace hours.

Ages 5–12 years

Options:

One Period (\$10/day members)
or All Day (\$18/day members)

Mondays

9/14/09–12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 5 Max: 30

All Day 3–6 pm

Member: \$216 Non-Member: \$280

ID: 502-219

One Period: pick 3–3:45 pm|3:45–4:30 pm|
4:30–5:15 pm|5:15–6 pm
Member: \$120 Non-Member: \$156
ID: 502-272

Tuesdays

9/8/09–12/15/09

15 sessions. Min. enrollment: 5 Max: 30

All Day 3–6 pm

Member: \$270 Non-Member: \$351

ID: 502-220

One Period, pick 3–3:45 pm|3:45–4:30 pm|
4:30–5:30 pm|5:30–6 pm
Member: \$150 Non-Member \$195
ID: 502-273

Wednesdays

9/2/09–12/16/09

No class: 11/11

15 sessions. Min. enrollment: 5 Max: 30

All Day 3–6 pm

Member: \$270 Non-Member: \$351

ID: 502-219

One Period: pick 3:15–4 pm|4–5 pm|
5–6 pm

Member: \$150 Non-Member \$195

ID: 502-274

Thursdays

9/3/09–12/17/09

No class: 11/26

15 sessions. Min. enrollment: 5 Max: 30

All Day 3–6 pm

Member: \$270 Non-Member: \$351

ID: 502-222

One Period: pick 3–3:45 pm|3:45–4:30 pm|
4:30–5:30 pm|5:30–6 pm
Member: \$150
Non-Member: \$195
ID: 502-275

Fridays

9/4/09–12/18/09

No class: 9/18, 11/27

14 sessions. Min. enrollment: 5 Max: 30

All Day 2:30–6 pm

Member: \$252 Non-Member: \$327

ID: 502-223

One Period: pick 2:30–3:45 pm|
3:45–4:45 pm|4:45–5:30 pm|5:30–6 pm
Member: \$140 Non-Member \$182
ID: 502-276

ESCORT SERVICE FOR AGES 5-12

Daily escort service is available for a separate fee for children not utilizing KIDSPACE GoPLAY. These 15 minute intervals include supervised waiting time, a snack, and escort within the building. Call 401-861-8800 ext. 147 for more information.

HOMEWORK HELP AND COMPUTER CLUB

Our counselors are available to help your child with their homework, be it reading, ‘riting, or ‘rithmetic. Also, we can help your child with science projects, book reports, Hebrew and Spanish homework and any other assignment. Children will have access to computers in our new **G-Tech** lab. Computers will be used for homework and research only. Computer lessons are included in case students finish their assignment before class is over.

Note: Children ages 5–12 may sign up for KIDSPACE instead of HOMEWORK AND COMPUTER CLUB, and homework can be included at parents’ request.

Ages 11–14 years

Mondays 3:45–4:30 pm

9/14/09–12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 8

Member: \$120 Non-Member: \$156

ID: 502-272

Tuesdays 3:45–4:30 pm

9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 8

Member: \$140 Non-Member: \$182

ID: 502-273

Wednesdays 4–5 pm

9/16/09–12/16/09

No class: 11/11

13 sessions. Min. enrollment: 3 Max: 8

Members: \$130 Non-Members: \$169

ID: 502-274

Thursdays 3:45–4:30 pm

9/17/09–12/17/09

No class: 11/26

13 sessions. Min. enrollment: 3 Max: 8

Members: \$130 Non-Member: \$169

ID: 502-275

ARTS

PAINT IT!

Try out all different types of painting such as watercolors, acrylics, and oil paints.

In this class, we will also paint on unusual surfaces like wood and glass. Choose what you want to paint and how!

Ages 9–13 years

Tuesdays 3:45–4:30 pm

9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 14

Member: \$154 Non-Member: \$200

ID: 502-199

SCULPT IT!

Here’s a class that’s really hands on! Come create purposeful or abstract sculptures. Use anything from wood and clay to foam sheets and plastic. You are welcome to bring materials from home, or use anything in the art room! But be sure to bring your creativity.

Ages 9–13 years

Wednesdays 5–6 pm

9/16/09–12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 14

Member: \$132 Non-Member: \$172

ID: 502-226

POTTERY & SCULPTURE

Fire your imagination with clay creations! Learn hands-on different clay techniques to create works of art including pots, sculptures, or anything you can think of! Individual instruction will allow students to develop at their own pace.

Ages 6-12 years

Mondays 3:45–4:30 pm

9/14/09–12/14/09

No class: 9/28, 10/12

12 sessions. Min. enrollment: 3 Max: 14

Member: \$144 Non-Member: \$187

ID: 502-200

Wednesdays 4–5 pm

9/16/09–12/16/09

No class: 11/11, 11/25

12 sessions. Min. enrollment: 3 Max: 14

Member: \$144 Non-Member: \$287

ID: 502-203

ADVANCED POTTERY

This class will offer students who already have some experience with clay the possibility to explore more deeply the clay universe and its potential. Our collection of resource books will serve as an inspiration while students explore new vocabulary and the possibilities of freely expressing themselves in a space where there is no right or wrong. Students will explore the 3 dimensional aspects of clay, use of tools, and glazing techniques.

Ages 8–12 years

Mondays 4:30 pm–5:15 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment:3 Max: 14
Member: \$144 Non-Member: \$187
ID: 502-201

POTTER'S WHEEL

Limited enrollment!
Learn the basics of throwing clay to create bowls, vases, and more! Students will be able to glaze their own creations and actually use them. This class features one-on-one instruction with our pottery teacher. Space is limited so sign up now!

Ages: 8–12 years

Mondays 4:30 pm–5:15 pm
9/14/09-12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 1 Max: 3
Member: \$156 Non-Member: \$202
ID: 502-204

MIXED MEDIA ART

How would you like to try different art projects and techniques each class? This class will provide young artists with the opportunity to create art through a variety of supplies. Participants can choose drawing, painting with acrylic, tempera, oil or watercolor, mixed media, 3-D crafts, jewelry, beads, construction, wires, leather, or they can explore from a variety of supplies we have available in the art room. This will be a guided open studio so young artists will be able to choose what they wish to do each class.

Ages: 6--12 years
Mondays 4:30 pm–5:15 pm
9/14/09-12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 1 Max: 3
Member: \$120 Non-Member: \$156
ID: 502-227

Ages 9–13
Fridays 3:45–4:45 pm
9/25/09–12/18/09
No class: 9/18, 11/27 (class will end at 5 pm on 10/2 and 10/9)
12 sessions. Min. enrollment: 1 Max: 3
Member: \$107 Non-Member: \$139
ID: 502-228

Ages 9–13
Fridays 4:45–5:30 pm
9/25/09–12/18/09
No class: 9/18, 11/27
(class will end at 5 pm on 10/2 and 10/9)
12 sessions. Min. enrollment: 1 Max: 3
Member: \$107 Non-Member: \$139
ID: 502-228

Register for both Friday periods!
Member: \$200 Non-Member: \$260
ID: 502-228

WOODSHOP

Limited space available!
One of the most popular classes at the JCCRI, this course offers everything students need to work with real tools and build cool projects using wood. Students will learn about safety, handling tools, measuring, hammering, sanding, nails, screws and more! Students will create and design their own projects from scratch.

Ages: 9–13 years

Fridays 3:45–5:30 pm
9/25/09–12/18/09
No class: 9/18, 11/27
(class will end at 5 pm on 10/2 and 10/9)
12 sessions. Min. enrollment: 3 Max: 10
Member: \$207 Non-Member: \$269
ID: 502-305

BRAIN BOOSTERS

DUNGEONS & DRAGONS
D&D is a fantasy role playing game. D&D players create their own characters and the adventures begin. Our Dungeon Master Phil Irons has been guiding players for over 20 years. In this 90 minute class, Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and develop skill while debating and creating new strategies.

Ages: 9–16 years

Thursdays 4:15–5:45 pm
9/17/09–12/17/09
No class: 11/26
13 sessions. Min. enrollment: 4 Max: 8
Member: \$234 Non-Member: \$304
ID: 502-212

DANCE

“GOTTA DANCE” ACADEMY PRICING
All classes offer the same pricing, and your choice to pay for the class(es) all at once or with a monthly payment plan. Price includes costume deposit for the end of the year dance recital.

Dance classes may be purchased singly or in groups with discount. If purchasing in groups, be sure to indicate on the registration form to assure you get the group discount.

Member:
\$200 (1 class/week) \$320 (2 classes/week)
Non-Member:
\$240 (1 class/week) \$400 (2 classes/week)

NEW! MONTHLY DANCE BILLING

Dance classes may be billed monthly. If you choose this option you must register directly with Darlene Desroches, ddesroches@jccri.org 401-861-8800 ext 155.
Member:
\$50/month for 1 class per week
\$80/month for 2 classes per week
Non-Member:
\$60/month for 1 class per week
\$100/month for 2 classes per week

BROADWAY DANCE CLASS

Class will focus on a variety of techniques needed to perform in a musical theatre production. Class will include ballet, lyrical, and contemporary dance techniques. Class will concentrate on creative expression and artistry. Class attire: black Jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

Ages 11 & up

Sundays 10–11 am
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 6 Max: 12
ID: 506-616

BALLET I

This class will focus on basic ballet technique at the bar and in the center. Coordination, motor development, listening skills and musical awareness will be fostered in this class. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

Ages 5–8

Mondays 3:45–4:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-641

BALLET I/II

This class will focus on basic ballet technique at the bar and in the center. Coordination, motor development, listening skills and musical awareness will be fostered in this class. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

Ages 5–11

Wednesdays 4–5 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-452

BALLET II

This class will focus on basic ballet technique including proper placement, turnout of the hips, extension of the legs and coordination of the arms. The child will become more familiar with classical ballet vocabulary and be able to master an increased number of dance steps with creative expression and artistry emphasized. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.

Ages 8–11

Mondays 4:30–5:15 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-642

TEEN BALLET

Ages 12–18
Please see class description on page 17.

TEEN JAZZ

Ages 12–18
Please see class description on page 16.

HIP HOP

This class will focus on coordination, listening skills, musical awareness, spatial movement through basic hip hop moves. Class will include isolations, strengthening exercises, warm-up, stretch, and center dance combination set to fun, age appropriate music. Class attire: black jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.

Ages 7–12

Mondays 5:15–6 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 6 Max.: 12
ID: 506-650

CONTEMPORARY DANCE

Students will learn the basics of modern dance, starting with a warm-up, moving across the floor, and learning a combination at the end of class. Contemporary Dance will teach the student to have control of their bodies through modern dance techniques which use dynamic movement, strength, and grace.

Ages 10+

Mondays 6–7 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-657

Wednesdays 5 pm–6 pm
9/16/09–12/16/09
No class: 9/20, 10/4, 10/11, 11/29
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-999

big kids ages 6-12 continued

SPORTS

PEE WEE SPORTS

This class is an introduction to a variety of sports and a chance for the little ones to learn sportsmanship and teamwork.

Ages: 4–6 years

See full description on page 11.

JCCRI YOUTH BASKETBALL LEAGUES

Join our youth basketball leagues and learn the game while having fun! The first 4 weeks are designed to teach the basic fundamentals of basketball through various games and drills. Players will then be placed on teams and play a schedule of games against each other for the remaining 9 weeks. Players must be of appropriate age by November 1st. Scholarships are available for this program. Please contact Lisa at ext. 210.

Ages: 6–8 years, Pee Wee League
Sundays 1:15–2:15 pm
11/8/09–3/7/10
No class: 11/29, 12/27, 1/3, 1/17, 2/14
13 sessions
Member: \$80 Non-Member: \$100
ID: 506-700

Ages: 9–11 years, Jr. NBA/WNBA League
Sundays 2:30–3:30 pm
11/8/09–3/7/10
No class: 11/29, 12/27, 1/3, 1/17, 2/14
13 sessions
Member: \$80 Non-Member \$100
ID: 506-701

Ages: 12–15 years, NBA/WNBA League
Sundays 3:45–5:00 pm
11/8/09–3/7/10
No Class: 11/29, 12/27, 1/3, 1/17, 2/14
13 sessions
Member: \$80 Non-Member: \$100
ID: 506-702

COACH PIERRE'S BASKETBALL FUNDAMENTALS
Want to become a better basketball player? Let Coach Pierre improve your skills while having FUN! Learn the basic skills and fundamentals of basketball through various drills and games that make learning the sport fun.
Ages: 8–12 years

Mondays 3:45–4:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 4
Member: \$156 Non-Member: \$203
ID: 506-626

USA KARATE AT THE JCCRI
Join us at the JCCRI for professional karate lessons from the experts at USA Karate. Learn discipline, control and self-defense to build confidence in any individual. *30% discount for second child in the family.* Uniforms and testing fees not included. Free gift for new students. At the request of USA Karate, classes will be held at the USA Karate studio in Lincoln the weeks of 9/28 and 10/12
Ages: 6 years and up

Beginner Class
Mondays 3:45–4:30 pm
9/14/09–12/14/09
14 sessions. Min. enrollment: 4
Member: \$140 Non-Member: \$170
ID: 506-664

Advanced Class
Mondays 4:30–5:15 pm
9/14/09–12/14/09
14 sessions. Min. enrollment: 4
Member: \$140 Non-Member: \$170
ID: 506-665

Beginner Class for Teens & Adults
Mondays 5:15–6 pm
9/14/09–12/14/09
14 sessions: Min. enrollment: 4
Member: \$140 Non-Member \$170
ID: 506-669

JCC MACCABI GAMES SPORTS TRAINING
This program is designed to introduce young athletes to the JCC Maccabi Games. The JCC Maccabi Games is a week long Olympic style athletic event for Jewish teenagers ages 13–16.

The athletes compete and socialize with other Jewish teenagers from around the world. Join our JCC Maccabi Games Sports Training Program and learn the basic fundamentals of most of the sports that take place at the JCC Maccabi Games.

Because this is a sports training program, it is open to anyone interested in becoming a better athlete. All are welcome to join! Funded by a generous donation from Dr. and Mrs. Albert Glucksman.

Ages: 9–12 years
Wednesdays 4–5 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions.
Member: \$30 Non-Member: \$45
ID: 506-926

JCC MACCABI GAMES & MACCABI ARTSFEST
We are looking for teenage Jewish Athletes and Artists to be part of our Maccabi Games and Maccabi Artsfest delegations for the state of Rhode Island. Please contact Darlene Desroches at 401-861-8800 ext. 155. *See our ad on page 17!*

RENAISSANCE GYMNASTICS ACADEMY: SCHOOL AGE GYMNASTICS
This 55 minute program is for the first year gymnast, ages 4 to 7, in which a secure and supportive environment will enhance the gymnastics experience. Emphasis is on safety and fun, as well as the development of a strong gymnastics foundation. Must be appropriate age by September 1, 2009. *Sign up for the whole year (September 2009-June 2010) and save 5%!*

Ages: 4–7 years
Wednesdays 4–5 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12sessions. Min. enrollment: 3 Max: 21
Member: \$144 Non-Member: \$168
Full year (includes costume & 2 tickets to end of year show):
Member: \$405 Non-Member: \$465
ID: 506-624

Ages: 5–7 years GIRLS ONLY PLEASE
Wednesdays 5–6 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 7
Member: \$144 Non-Member: \$168
Full year (includes costume & 2 tickets to end of year show):
Member: \$405 Non-Member: \$465
ID: 506-623

RENAISSANCE GYMNASTICS ACADEMY: INTERMEDIATE GYMNASTICS
This 55 minute class allows for more advanced work with emphasis on flexibility and strength training, which are essential for the advanced gymnast. *Sign up for the whole year (September 2009-June 2010) and save 5%!* Price includes costume and 2 tickets to end of year show.

Ages: 7 and up GIRLS ONLY PLEASE!
Wednesdays 5–6 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 7
Member: \$144 Non-Member: \$168
Full year:
Member: \$405 Non-Member: \$465
ID: 506-625

NEW! 'FUN MEETS' RENAISSANCE GYMNASTICS ACADEMY: ADVANCED GYMNASTICS
This 55 minute class is for past participants of Intermediate Gymnastics for at least 1 year. The gymnasts begin working on USA Gymnastics Level Programs and have the opportunity to participate in “Fun Meets”, which are held throughout the year. *Sign up for the whole year (September 2009–June 2010) and save 5%!* Price includes costume and 2 tickets to end of year show.

Ages: 7 and up GIRLS ONLY PLEASE!
Wednesdays 5–6 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 7
Member: \$144 Non-Member: \$168
Full year:
Member: \$405 Non-Member: \$465
ID: 506-814

ELITE NATIONAL SOCCER
This class is based upon the United States Soccer Federation’s national youth program. The focus is on providing players with an opportunity to develop their individual technical skills and small group tactical awareness. We recognize that children at this level benefit most when provided with ample opportunities to play. For this reason, emphasis is placed on creating game-like activities that encourage decision making, while providing insight into the basic concepts of soccer.
Ages: 5–9 years

Tuesdays 3:45–4:30 pm
9/15/09–12/15/09
14 sessions. Min. enrollment: 8
Member: \$196 Non-Member: \$238
ID: 506-620

MLB ROOKIE LEAGUE BASEBALL
Let our staff help you become a better baseball player! Learn the fundamentals of hitting, fielding, throwing and base running. Come use our pitching machine, bats, helmets, and catcher’s gear...all you need to bring is your glove!
Ages: 6–12 years

Thursdays 4:45–5:30 pm
9/17/09–12/17/09
No class: 11/26
13 sessions. Min. enrollment: 4
Member: \$135 Non-Member: \$170
ID: 506-631

SWIM

BEGINNER SWIM LESSONS
Ages: 3–10 years

Mondays 6–6:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-711

BEGINNING TO INTERMEDIATE SWIM
Red Cross levels 1–4 are offered. Children are grouped by their age and ability.
Ages: 4–10 years

Sundays 11–11:40 am
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 3
Member: \$100 Non-Member: \$200
ID: 507-733

GIRL'S SWIM LESSONS
Ages: 7–11 years
Mondays 6:45–7:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-742

BOY'S SWIM LESSONS
Ages: 7–11 years
Tuesdays 6:45–7:30 pm
9/15/09–12/15/09
14 sessions. Min. enrollment: 3
Member: \$140 Non-Member: \$280
ID: 507-743

CHILDREN'S SWIM LESSONS
Red Cross levels offered daily. Children are grouped by their age and ability. Pre-registration is required.
Ages: 3–14 years

Mondays 3:45–4:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-720

Tuesdays 3:45–4:30 pm
9/15/09–12/15/09
No class:
14 sessions. Min. enrollment: 3
Member: \$140 Non-Member: \$280
ID: 507-723

Wednesdays 4–4:45 pm
9/16/09–12/16/09
No class: 11/11
13 sessions. Min. enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-726

Thursdays 3:45–4:30 pm
9/17/09–12/17/09
No class: 11/26
13 sessions. Min. enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-729

TIGER SHARKS SWIM CLUB
Swim levels 4 and up. Swim team format. Pre-registration is required. Cap and goggles are required.
Ages: 7 years and up

Mondays 4:30–5:30 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-901

Tuesdays 4:30–5:15 pm
9/15/09–12/15/09
No class:
14 sessions. Min. enrollment: 3
Member: \$140 Non-Member: \$280
ID: 507-904

Thursdays 4:30–5:30 pm
9/17/09–12/17/09
No class: 11/26
13 sessions. Min. enrollment: 3
Member: \$130 Non-Member: \$260
ID: 507-902

Choose two days:
Mon. 4:30–5:30 pm, Tues. 4:30–5:15 pm, or Thurs. 4:30–5:30 pm
No class: 9/28, 10/12, 11/26
27 sessions. Minimum enrollment: 3
Member: \$210 Non-Member: \$420
ID: 507-903

All three days:
Mon. 4:30–5:30 pm, Tues. 4:30–5:15 pm, or Thurs. 4:30–5:30 pm
No class: 9/28, 10/12, 11/26
39 sessions. Minimum enrollment: 3
Member: \$280 Non-Member: \$560
ID: 507-905

CHILD CARE SERVICES

NEW! SUNDAYS KIDSClub
Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.
Ages: 6 months and up

Sundays 9:45–11:30 am
9/13/09–12/13/09
No class: 9/20, 10/11, 11/29
11 sessions
Fee: \$7 for first child
\$2 for each additional child in family
Payable by the day or buy a package!
Please call Darlene at ext. 155 for details.

BABYSITTING
Babysitting at the J is also available weekdays!
Monday–Thursday
8:30 am–1:30 pm and 3–6 pm
Fridays 8:30 am–1:30 pm and 3–5 pm
Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

NEW! COMING THIS FALL!
“PURE POWER TALK WITH PAVRITA®”
A WOMEN'S WELL-BEING SERIES
Join us for our first presentation which will focus on the book *You'd Be So Pretty If... Teaching Our Daughters to Love Their Bodies—Even When We Don't Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at cbarth@jccri.org or 401-861-8800 ext. 117 for more information.

IT'S OFFICIAL: JCCRI WAS VOTED BEST PLACE TO HOST A BIRTHDAY PARTY IN RHODE ISLAND BY READERS OF THE JEWISH VOICE AND HERALD!
Whether you want to have a fun pool party, sports party or theme party (lasertag or princess party, anyone?), the J is the place for you! **Our party specialists think of everything.** Just show up with your favorite people. For more info: 401-861-8800 ext. 155



teens ages 13-16

Teens have access to all kinds of fun classes in the big kids and adult sections as well as great programs designed specially for them.

VACATION CAMPS

CIT OPPORTUNITIES

Teens ages 13–17 are invited to become Counselors in Training (CITs) to acquire leadership skills and increased sense of responsibility. Activities include: reading stories and leading conversations with the children about each festivity and supervising gym or outdoor games, free swim, board games, and play time.
Ages: Grades 7–10 are welcome as CITs

Columbus Day 10/12/09
Veteran’s Day 11/11/09
Thanksgiving Break 11/25 (9 am–3 pm)
December Vacation Camp 12/21–12/31
Min. enrollment: 5 Max: 30
Please contact Claudia Fiks ext. 147 for more information.

AFTERSCHOOL CARE

HOMEWORK AND COMPUTER CLUB

Our counselors are available to help your child with their homework, be it reading, ‘riting’, or ‘rithmetic. Also, we can help your child with science projects, book reports, Hebrew and Spanish homework and any other assignment. Children will have access to computers in our new **G-Tech** lab. Computers will be used for homework and research only. Computer lessons are included in case students finish their assignment before class is over. Children might sign up to use the computers only.
Ages 11–14
See page 12 for schedule and pricing info.

ART

SCULPT IT!

Here’s a class that’s really hands on! Come create purposeful or abstract sculptures. Use anything from wood and clay to foam sheets and plastic. You are welcome to bring materials from home, or use anything in the art room! But be sure to bring your creativity.
Ages 9–13 years

Wednesdays 5–6 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 3 Max: 14
Member: \$132 Non-Member: \$172
ID: 502-226

BRAIN BOOSTERS

DUNGEONS AND DRAGONS

D&D is a fantasy role playing game. D&D players create their own characters and the adventures begin. In this 90 minute class, our Dungeon Master, Phil Irons, has been guiding players for over 20 years. Phil is the game referee and also the storyteller. Together players solve problems, start and end battles, and develop skill while debating and creating new strategies.
Ages: 9–16 years

Thursdays 4:15–5:45 pm
9/17/09–12/17/09
13 sessions. Min. enrollment: 4 Max: 8
Member: \$234 Non-Member: \$304
ID: 502-212

DANCE

“GOTTA DANCE” ACADEMY

See page 10 for complete pricing and payment information.

BROADWAY DANCE CLASS
Class will focus on a variety of techniques needed to perform in a musical theatre production. Class will include ballet, lyrical, and contemporary dance techniques. Class will concentrate on creative expression and artistry. Class attire: black Jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.
Ages 11 & up

Sundays 10–11 am
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 6 Max: 12
ID: 506-616

CONTEMPORARY DANCE
Ages 10+
Please see page 13 for class details.

TEEN JAZZ
This class will include a vigorous jazz technique warm-up in the center. Focus will be on coordination, strength and fluidity of jazz movements. Class will be set to up-beat music to encourage creativity and expression. Class attire: black jazz pants or shorts (with tights underneath), black jazz shoes or jazz sneakers, any colored t-shirt, and hair pulled back.
Ages 12–18

harry elkin midrasha community high school for teens

Talmud Torah

klal yisrael

dereck eretz

Community Service

Hebrew

Proud to be Jewish

Teens

The Philly Trip

Friends & Fun

Israel

Arts & Culture

March of the Living

gemilut chasidim

tikkun olam

kehillah

Leadership

The only thing missing is


YOU!

Are you a Jewish teen in greater Rhode Island? We want **YOU** to be part of the MIDRASHA family.

MIDRASHA is our community’s program dedicated to connecting, educating and empowering Jewish teens and encouraging passionate Judaism through *Torah* and tradition.

If you’ll be in grades 8 - 12 in the 2009/2010 academic year, you can enroll (or enroll again, if you’re a already a student in the program) in MIDRASHA, regardless of affiliation or synagogue membership.

Visit www.bjeri.org to get more information and download your enrollment form, or email Shari Weinberger at: sweinberger@bjeri.org.



The Harry Elkin MIDRASHA Community High School is a program of the Bureau of Jewish Education of Rhode Island

130 Sessions Street

Providence, RI 02906

401 331.0956 www.bjeri.org

A partner agency of the Jewish Federation of Rhode Island

Sunday 10–11 am
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11/11/29
12 sessions. Min. enrollment: 6 Max.: 12
ID: 506-643

Fridays 4.45–5:45 pm
9/25/09–12/18/09
No class: 9/18, 11/27
12 sessions. Min: 6 Max.: 12
ID: 506-645

TEEN BALLET
This class will focus on ballet technique, proper body alignment, proper placement, turnout of the hips and coordination of the arms and legs. The student will learn proper ballet vocabulary and dance steps with a strong emphasis on expression and dance artistry. Class attire: black leotard, pink tights, pink ballet slippers, and hair pulled back.
Ages 12-18

Wednesdays 4–5 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-615

Wednesdays 5–6 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-615

Fridays 3:45–4:45 pm
9/25/09–12/18/09
No class: 9/18, 11/27
12 sessions. Min. enrollment: 6 Max: 12
ID: 506-646

Sundays 11–noon
9/13/09–12/13/09
No class: 9/20, 10/4, 10/11, 11/29
10 sessions. Min. enrollment: 6 Max: 12
ID: 506-614

SPORTS

Please note: Teens are invited to participate in several of the sports classes listed in the **adult** section, provided they meet the age requirement (many are 16+, swim classes are 15+). Please check class options in the **big kids** section as well.

JCCRI YOUTH BASKETBALL LEAGUES

Join our youth basketball leagues and learn the game while having fun! The first 4 weeks are designed to teach the basic fundamentals of basketball through various games and drills. Players will then be placed on teams and play a schedule of games against each other for the remaining 9 weeks. Players must be of appropriate age by November 1st. Scholarships available for this program. Contact Lisa at ext. 210 for more information.

Ages: 12–15 years, NBA/WNBA League
Sundays 3:45–5 pm
11/8/09–3/7/10
No Class: 11/29, 12/27, 1/3, 1/17, 2/14
13 sessions
Member: \$80 Non-Member: \$100
ID: 506-702

MACCABI GAMES AND MACCABI ARTSFEST
We are looking for teenage Jewish Athletes and Artists to be part of our Maccabi Games and Maccabi Artsfest delegations for the state of Rhode Island. Please contact Darlene Desroches at 401-861-8800 x155.

TEEN WEIGHT TRAINING
Learn the ins and outs of weight training. Topics covered will be proper form, technique and exercises for specific body parts. Learn how to customize a workout for yourself.
Ages: 13 years and up

Tuesdays 3–3:45 pm
9/15/09–12/15/09
14 sessions. Min. enrollment: 3 Max: 4
Member: \$125 Non-Member: \$150
ID: 506-920

TEEN ROWING
Learn the fundamentals of rowing while increasing your strength and cardiovascular endurance. This is an overall body workout that will help condition you for any other sport that you may pursue.
Ages: 13 years and up

Wednesdays 3–3:45 pm
9/16/09–12/16/09
No class: 11/11, 11/25
12 sessions. Minimum enrollment: 2 Max: 4
Member: \$60 Non-Member: \$75
ID: 506-910

USA KARATE AT THE JCCRI
Join us at the JCCRI for professional karate lessons from the experts at USA Karate. Learn discipline, control and self-defense to build confidence in any individual.
Ages: Teens

Beginner Class for Teens & Adults
Mondays 5:15–6:00 pm
9/14/09–12/14/09
14 sessions: Minimum enrollmen: 4
Member: \$140 Non-Member \$170
ID: 506-669

SWIM

Please note: Teens ages 15 and up are invited to participate in all adult swim classes. Please see Adult class section. Also see **big kids classes** and **TIGER SHARKS SWIM TEAM** on page 14.

NEW! DEEP WATER WORKOUT WITH JODI
Please see page 19 for details.
Ages: 15 years and up

TEEN & ADULT SWIM INSTRUCTION
Learn to swim or improve your strokes.
Ages: 15 years and up

Mondays 1–1:40 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Minimum enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-751



2010 JCC MACCABI GAMES & JCC ARTSFEST



HEY! GRADES 8-12!

Are you a creative person? Do you enjoy sports? Would you like to meet other Jewish teens who share your interests? If your answer either of these questions is 'YES' then you need to find out more about the 2010 JCC Maccabi Games & JCC ArtsFest!

JCC MACCABI GAMES

JCC Maccabi Games provide Jewish youth with a supportive environment that fosters mutual respect and sportsmanship, where they can interact in an atmosphere of fun, democracy, and peace.

Ages 13–16
August 2010

Looking for teens interested in:

- Girls Lacrosse
- Soccer
- Basketball
- Tennis
- Swimming
- Girls Softball
- Boys In-Line Hockey

JCC MACCABI ARTSFEST

JCC Maccabi ArtsFest is designed to inspire Jewish teens through a dynamic combination of workshop, performance, exhibition, recognition of excellence, community service, social activities, and fun.

Grades 8–12 as of September 2010
August 2010

Looking for teens interested in:

- Acting/Improv
- Creative Writing
- Dance
- Digital Photography
- Film and TV Production
- Jazz Ensemble
- Musical Theater
- Rock Music
- Visual Art
- Vocal Music

Contact Darlene Desroches at 401-861-8800 ext. 155
or ddesroches@jccri.org by November 23, 2009

adults

ARTS

ADULT POTTERY

Absolute beginners and advanced levels are welcome. You can create beautiful artwork and pieces that you can use in your daily life or to decorate your home. Under the guidance of our arts specialist, Shannon Boucher, students will learn various sculpting and glazing techniques.

Ages: Adults

Tuesdays 6:30–8:30 pm
9/15/09–12/15/09

14 sessions. Min. enrollment: 3 Max: 10
Member: \$240 Non-Member: \$312
ID: 502-229

ADULT PAINTING

Whether you are just starting out, or you are an established painter looking to improve your technique, this class will give you the direction and support you need.

Ages: Adults

Fridays 1–2 pm
9/25/09–12/18/09

No class: 11/27
13 sessions. Min. enrollment: 3 Max: 12
Member: \$130 Non-Member: \$169
ID: 502-236

LANGUAGE

HEBREW READING CRASH COURSE

If you’ve got 6 weeks, we can have you reading Hebrew! JCCRI and Kollel partner to bring this proven course designed for anyone with little or no knowledge of Hebrew. Contact Robin Meyerowitz to register via e-mail at emeyerowitz@jccri.org or by phone 401-861-8800, ext. 142.

Ages: Adult

Wednesdays 11:30 am–12:30 pm
10/28/09 – 12/16/09

No class 11/11, 11/25
6 sessions. Min. enrollment: 3
Member: Free Non-Member: Free

FRENCH FOR TRAVELERS

Taught by Alliance Française, this 5 week course will help you order your “café au lait et baguette avec beurre” at an outdoor café, as well as keep you safe on your “voyage”.

Ages: Adult

Mondays 7 pm–8:30 pm
9/14/09–10/26/09

No class: 9/28, 10/12
5 sessions.
Member:\$140 Non-Member: \$175
ID: 505-416

ESL-ENGLISH AS A SECOND LANGUAGE

Instructors Elly Lewis and Betsey Dietrich teach an on-going class. Call 401-861-8800 ext. 108 to register.

Ages: Adult

Wednesdays 1–2:30 pm
9/16/09–12/16/09

No class 11/11, 11/25
12 sessions
Member: Free Non-Member: Free

YIDDISH LANGUAGE CLASS

An ongoing class for those who want to improve their Yiddish reading and writing. New participants are always welcome

Ages: Adult

Wednesdays 11:30am–12:30 pm
9/16/09–12/16/09

No class 11/11, 11/25
12 sessions. Min. enrollment: 10
Member: \$50 Non-Member: \$55
Plus Book fee: \$27
ID: 505-413

YIDDISH SHMOOZ

This long-standing group of lively Yiddish speakers meets twice a month to learn, laugh, sing and ‘shmooz’. Guest speakers and trips are scheduled by the group. Members have varying levels of Yiddish and always welcome new participants.

Ages: Adult

Meets second and fourth Fridays
9:30–11:30 am

9/18/09–12/28/09
No class: 11/27
13 sessions.
Member: \$18/\$25 couple
Non-Member: \$20
ID: 505-407

YIDDISH CONVERSATION

Macht zich azoi vi der haim mit a bissel Yiddish—make yourself at home with a little Yiddish conversation. Practice your language skills in a comfortable setting.

Ages: Adult

Every other Wednesday
12:30–1:30 pm

9/16/09–10/28/09
4 sessions
Member: \$25/ Non-Member: \$30
ID: 505-417

GAMES

BRIDGE LESSONS

Looking for something to do on the upcoming cool afternoons and evenings? Learn bridge with a professional instructor. Call 401-861-8800, extension 108 to arrange time and date.

Ages: Adult

8 sessions. Min. enrollment: 4
Member: \$150 Non-Member: \$188
ID: 505-303

MAH JONGG MAVENS!

You asked for it! Here it is! Join like-minded mah jongg players for a stimulating morning or afternoon of mah jongg, friendship and fun. Come to one or both sessions. Mah jongg sets provided. Sign up required 24 hours prior to ensure a game for all. Need lessons? Call Sue Suls at 401-861-8800 ext. 108 to arrange.

Age: Adult

Tuesdays 10 am–noon starting 9/15/09
Thursdays 1–3 pm starting 9/17/09

Game days – Free
Lessons/4 sessions
Members: \$75 Non Member: \$94
ID: 505-304

READING, WRITING & TALKING

NEW! COMING THIS FALL! “PURE POWER TALK WITH PAVRITA®”

A WOMEN’S WELL-BEING SERIES

Join us for our first presentation which will focus on the book *You’d Be So Pretty If...Teaching Our Daughters to Love Their Bodies—Even When We Don’t Love Our Own* by author Dara Chadwick, a guide for moms on raising daughters who feel good about their bodies and for daughters who want to make peace with their body image legacy. This will be a panel discussion format with Q&A facilitated by Life Coach and radio host Pavrita Ciavardone. Book signing included. Contact Carlene Barth at cbarth@jccri.org or 401-861-8800 ext. 117 for more information.

BOOK MARKS BOOK CLUB

Our daytime book club meets to review books chosen by the group. Once a month on Wednesdays following ‘Plain Talk’. Call Sue Suls at 401-861-8800 x 108 for dates and book titles. Books will be available at the Rochambeau Library.

Ages: Adult

11am–12 pm Wednesdays, starting 9/16/09
Member: Free. Non-Member: Free

JCCRI BOOK CLUB

This long-standing group meets every 4–6 weeks to discuss books of Jewish interest. Read the book, and join us for discussion.

The current schedule is:

September 15, 7 pm
The Book of Dahlia by Elisa Albert

October 27, 7 pm
City of Thieves by David Benioff

December 1, 7 pm
Petropolis by Anya Ullinich

January 5, 7 pm
The Gravedigger’s Daughter
by Joyce Carol Oates

Ages: Adult
Member: Free Non-Member: Free
ID: 505-408

WRITERS’ GROUP

This is our second year offering a forum for authors and would-be authors to work with others on perfecting their craft.

Ages: Adult

Mondays 9:30 am–11 am
9/14/09–12/14/09

No class 9/28, 10/12
12 sessions
Member: Free Non-Member: Free
ID: 505-412

PLAIN TALK

Beginning its sixth year, Plain Talk meets weekly to discuss anything and everything. Facilitated by Rena Ries, the group welcomes adults 55+ to share experiences and explore new ideas.

Ages: Adults 55+

Wednesdays 10–11am
9/16/09–12/16/09

12 sessions, no class 11/11 and 11/25
Member: Free Non-Member: Free
ID: 505-409

WEEKLY LUNCH & LEARN

Every Friday at noon adults join together for a delicious hot, kosher Shabbat-style meal, catered by **Accounting For Taste**. Each week the meal is followed by a special presentation of music, art, speakers, or bingo. Lunch reservations required the Wednesday before.

Ages: Adult

Fridays 12–1:30 pm, ongoing

No event 11/27 or 12/25
Lunch cost: \$3.00 adults 60+
\$6.00 all others

Call 401-861-8800 for lunch reservations.
No reservation necessary for program only.

DANCE

“GOTTA DANCE” ACADEMY

See page 10 for pricing and payment information.

ADULT BALLET

This class will focus on ballet technique and stretching. Class will proceed according to level of the students attending class. Men and women that may want to experience ballet as a recreational activity for fun or exercise are welcome. Class attire: comfortable exercise wear and jazz shoes, jazz sneakers or ballet slippers.

Ages 18 & up

Sundays noon–1 pm
9/13/09–12/13/09

No class: 9/20, 10/11,11/29
11 sessions. Min. enrollment: 6
ID: 506-930

ADULT JAZZ

This class will focus on Jazz technique including a vigorous warm-up, steps across the floor and a combination of steps in the center. Men and Women are invited to attend to experience dance as a fun way to exercise and gain strength and flexibility.

Ages 18 & up

Wednesdays 6:30-7:30 pm
9/16/09–12/16/09

No class: 11/11 and 11/25
12 sessions. Min. enrollment: 6
ID: 506-931

Looking for a fitness class?

View our group exercise and pool schedule online at www.jccri.org.

CHILD CARE SERVICES

NEW! SUNDAYS KIDSClub

Enjoy your fitness workout or join one of our exercise classes with the knowledge that your children are being watched in a safe, secure environment. Our qualified staff will plan age appropriate activities.
Ages: 6 months and up

Sundays 9:45–11:30 am
9/13/09–12/13/09
No class: 9/20, 10/11, 11/29
11 sessions.
Fee: \$7 for first child
\$2 for each additional child in family
Payable by the day or buy a package!
Please call Darlene at ext. 155 for details.

BABYSITTING

Babysitting at the J is also available weekdays!
Monday–Thursday
8:30 am–1:30 pm and 3–6 pm
Fridays 8:30 am–1:30 pm and 3–5 pm
Call Shirley 401-861-8800 ext. 130 for prices and to reserve a spot.

SPORTS

STROLLER STRIDES

Stroller Strides is a fitness class where mom can get a great workout while baby rides along in the stroller. Each hour-long class includes power-walking, cardio burst, toning and stretching. All fitness levels welcome! Taught by nationally certified fitness instructor (who is also a mom). Get fit, have fun with your baby, and meet other moms! For more information, or to register, contact Suzanne at 401-289-0444 or suzanne@strollerstrides.net.

USA KARATE AT THE JCCRI

Join us at the JCCRI for professional karate lessons from the experts at USA Karate. Learn discipline, control and self-defense to build confidence in any individual. 30% discount for second family member. Uniforms and testing fees not included. Free gift for new students. At the request of USA Karate, classes will be held at the USA Karate studio in Lincoln the weeks of 9/28 and 10/12.
Ages: Teens and Adults

Mondays 5:15–6 pm
9/14/09–12/14/09
14 sessions: Min. enrollment: 4
Member: \$140 Non-Member \$170
ID: 506-669

MEN'S RUNNING CLUB

Train for local races with our very own Tom Marchand, USATF Certified Coach. Increase your pace and stamina. Club will include weight training program, outdoor track and technique work. Yearly fee includes registration for the September 13, 2010 JCCRI 5K Road Race.
Ages 16 years and up

Tuesdays 5:30–6:30 pm
9/15/09–12/15/09
14 Sessions. Min. enrollment: 3
Member: \$60 Non-Member: \$75
ID: 506-912
Year membership: (Sept '09–Aug '10):
Member \$140 Non-Member: \$180
ID: 506-913

WOMEN'S RUNNING CLUB

Train for local races with our very own Tom Marchand, USATF Certified Coach. Increase your pace and stamina. Club will include weight training program, outdoor track and technique work. Yearly fee includes registration for the September 13, 2010 JCCRI 5K Road Race.
Ages: 16 years and up

Tuesdays 8:45–9:45 am
9/15/09–12/15/09
14 sessions. Min. enrollment: 3
Member: \$60 Non-Member: \$75
ID: 506-904
Year membership: (Sept '09–Aug '10):
Member \$140 Non-Member: \$180
ID: 506-905

Wednesdays 5:30–6:30 pm
9/16/09–12/16/09
No class: 11/25
12 sessions. Min. enrollment: 3
Member: \$60 Non-Member: \$75
ID: 506-915
Year membership: (Sept '09–Aug '10):
Member \$140 Non-Member: \$180
ID: 506-905

MEN'S 35+ ADULT BASKETBALL LEAGUE

Join us for a 10-week season where the top teams advance for a chance to be declared JCC champions. 4 non-members are allowed per team. All games are officiated by certified referees. Rosters due September 2nd. League starts September 15th. Contact Darlene at ext. 155 to submit roster.
Ages: 35 years and up

Tuesdays 6 pm
9/15/09–12/15/09
10 sessions. Min.: 4 teams
Member: \$110 Non-Member: \$140
ID: 506-660

MEN'S 23+ ADULT BASKETBALL LEAGUE
Join us for a 10-week season where the top teams advance for a chance to be declared JCC champions. 4 non-members are allowed per team. All games are officiated by certified referees. Rosters due September 2nd. League starts September 17th. Contact Darlene at ext. 155 to submit roster.
Ages: 23 years and up

Thursdays 6 pm
9/17/09–12/17/09
No class: 11/26
10 sessions. Minimum: 4 teams
Member: \$110 Non-Member: \$140
ID: 506-651

INDOOR ROWING

Rowing uses upper body, lower body, and core muscle groups. Muscles continue to burn extra calories after you finish exercising. Meets twice a week for 7 weeks. Free for Health Club members.
Ages: 16 years and up

Mondays and Wednesdays 9:15 am
9/14/09–12/16/09
Session I: 9/14/09–10/28/09
Session II 11/2/09–12/16/09
No class: 9/28, 10/12, 11/11
Member: \$140/per 7–week session
Non-Member:\$168/per 7–week session
ID:506-906

Tuesdays and Thursdays 6:00 am
9/15/09–12/17/09
Session I: 9/15/09–10/29/09
Session II: 11/3/09–12/17/09
No class: 11/26
Member: \$140/per 7–week session
Non-Member: \$168/per 7–week session
ID: 506-909

ADULT PICK-UP BASKETBALL

For more information, contact Darlene at 401-861-8800, ext. 155.
Ages 23 & up

Sundays 7–9:30 am
Mondays 5–7:30 pm
Wednesdays 6:15–8 pm
Member: Free Non-Member: Must pay \$12 guest fee at Fitness or Lobby desk

SWIM

AQUAROBICS

Energize yourself with this popular water aerobic class that strengthens and tones your muscles, improves flexibility and endurance. No swimming skills necessary.
Ages: 15 years and up

Mondays 6–6:40 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Min. enrollment: 3
Member: \$36 Non-Member: \$120
ID: 507-770

Tuesdays and Thursdays 10–10:40 am
9/15/09–12/15/09
No class: 11/26
27 sessions. Minimum enrollment: 3
Member: \$81 Non-Member: \$270
ID: 507-757

TEEN & ADULT SWIM INSTRUCTION
Learn to swim or improve your strokes.
Ages: 15 years and up

Mondays 1–1:40 pm
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Minimum enrollment: 3
Member: \$120 Non-Member: \$240
ID: 507-751

DEEP WATER WORKOUT
Give yourself a good challenge with this vigorous water aerobic class that includes toning and stretching in both shallow and deep water.
Ages: 15 years and up

Mondays 10:05–10:50 am
9/14/09–12/14/09
No class: 9/28, 10/12
12 sessions. Minimum enrollment: 3
Member: \$36 Non-Member: \$120
ID: 507-755

Wednesdays 3:05–3:50 pm
9/16/09–12/16/09
No class: 11/11
13 sessions. Minimum enrollment: 3
Member: \$39 Non-Member: \$130
ID: 507-759

Fridays 10:05–10:50 am
9/18/09–12/18/09
No class: 11/27
13 sessions. Minimum enrollment: 3
Member: \$39 Non-Member: \$130
ID: 507-758

WATER WALKING

Enjoy the benefits of therapeutic water exercises including walking, toning, stretching, and strengthening. No swimming necessary.
Ages: 15 years and up

Mondays and Thursdays 12:15–1 pm
9/14/09–12/17/09
No class: 9/28, 10/12, 11/26
25 sessions. Minimum enrollment: 3
Member: \$75 Non-Member: \$150
ID: 507-756

NEW! DEEP WATER WORKOUT WITH JODI

Scheduled to start 10/14/09. Each class requires a minimum of 10 registered participants by 10/8/09.
Ages: 15 years and up

Wednesdays 9:30–10:15am
10/14/09–12/16/09
No class: 11/11
9 sessions. Minimum enrollment: 10
Member: \$27 Non-Member: \$90
ID: 507-907


Thursdays 6–6:40 pm
10/15/09–12/17/09
No class: 11/26
9 sessions. Minimum enrollment: 10
Member: \$27 Non-Member: \$90
ID: 507-908

ADULT MASTERS SWIM INTEREST LIST

Ages: 15+
To be held at 7:30 pm
Day to be determined
Please contact Patty Gold at 401-861-8800 ext. 153 for more information.

jccri 8th annual
road race
5k adult & youth
sunday, september 13





sponsored by
The Miriam Hospital
A Lifespan Partner

featuring the East Side
Pediatrics Youth Race



register online:
www.needtorace.com

registration form

Office use only
Batch _____
Date Received _____
Transaction # _____

Fall 2009 Registration Form

To register by mail, detach, complete and return this form with your payment. All classes must meet minimum enrollment requirements. The JCCRI reserves the right to cancel any activity due to insufficient enrollment. All classes are available to members and non-members alike.

Mail this form with check, credit card info, or money order to: **Jewish Community Center of Rhode Island**
401 Elmgrove Avenue
Providence, RI 02906

or fax to: 401-861-8806 (credit card only)
You can also register online at www.jccri.org
Registrations received after the first class date will be assessed a \$25 late fee

FAMILY NAME _____ HOME PHONE _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____
PARENT 1 _____ DAY PHONE _____ E-MAIL _____
PARENT 2 _____ DAY PHONE _____ E-MAIL _____
EMERGENCY OR ALLERGY INFORMATION _____

JCCRI MEMBER ACCOUNT NUMBER _____ (membership must be current)

NON-MEMBER: THERE IS A \$20 ANNUAL NON-MEMBER CLASS PROCESSING FEE PER PARTICIPANT
For between class escort service, please call Claudia Fiks at 401-861-8800 ext. 147

Participant Info	Course Name	ID	DAY	TIME	FEE
Name: 1					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 2					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 3					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
					\$
Name: 4					\$
Sex Age					\$
Date of Birth					\$
Grade					\$
School					\$
IF REGISTERING AFTER FIRST DAY OF CLASS, ADD \$25 LATE FEE					\$
CLASS TOTAL					\$
NON-MEMBER \$20 ANNUAL PROCESSING FEE (PER PARTICIPANT)					\$
TOTAL PAYMENT					\$

PAYMENT INFORMATION () Check enclosed
() Charge to Visa/MasterCard/Discover Number _____ Exp. ____/____

Please read and sign below.
I/we/our children are participating in programs and activities at the JCCRI. We understand the policies, rules, and regulations of this institution and agree to abide by them.
I/we give permission for the JCCRI to use names and photo/video images of me/my family to publicize the JCCRI and its programs for not-for-profit purposes. I/We agree to hold harmless and release the JCCRI, its officers. Directors, volunteers and employees for any injury I/we/my family might sustain while participating in any JCCRI activity, and for any loss or theft of personal property on JCCRI premises.

Signature: _____ Date _____
Print Name _____